**Beef and vegetable casserole**

½ kg diced beef

2 onions

1 carrot

125 gr green beans

1 eggplant

1 zucchini

1 potato

125 gr okra

3 tomatoes

1 tbsp tomato paste

½ tbsp salt

2 teaspoons black pepper

½ cup olive oil

Place washed and drained meat at bottom of a stew pot and continue to pile up peeled and roughly chopped vegetables in order as listed. Slice tomatoes and place them on top to cover the stew. Stir salt and tomato paste in olive oil, pour over the stew, cook over medium heat for about one hour. Once meat and vegetables are cooked, roast stew in 180 degree oven for half an hour.